



*Audits, Inspections and Training Since 1996*

**Gambit Industrial Health and Safety Consultants Inc.**

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## Fall Prevention

**Every day, 80 people are injured from falls at work.  
On average, each injury results in 4 weeks of lost time.\***

\* Source: WSIB 2000

80 people are injured every day in a fall at work, that's **one every 20 minutes**.

Same-level slips and falls account for 65% of all fall injuries.

Falls from heights account for 34% of all fall injuries.

These falls are preventable. This course will provide the necessary theoretical knowledge of proper fall prevention.

### Participants will:

- Know the legal requirements under the following legislation
- Understand the principles of basic hazards and controls of fall prevention
  - Ladders
  - Scaffolds
  - Powered elevation work platforms
  - Protective covers
  - Warning barriers and bump lines
  - Guardrails
- Understand travel-restraint systems
  - Fall-restriction & safety net systems
  - Fall-arrest components
  - Bottoming out
  - Pendulum effect
  - Emergency rescue



Method of Instruction: Interactive presentations, group discussions and videos.

Who Should Attend: Employees who are at risk of falling

Course Length: 3 hours

***“Your First Move towards a Better Health and Safety Program”***

**Client Service Centre:** 355 Elmira Road North Unit 110, Guelph, Ontario N1K 1S5

◆ 519.763.7369 Guelph ◆ 519.763-7301 Fax

[www.gambitsafety.com](http://www.gambitsafety.com)