



Audits, Inspections and Training Since 1996

Gambit Industrial Health and Safety Consultants Inc.

First Aid & CPR

When first-aid emergencies arise an immediate response by trained personnel will help to prevent loss of life and/or permanent disability from occurring. This course will provide the necessary information and skills that first-aid responders require.

Participants will:

- Gain the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing, cardiac emergencies, injuries and sudden illnesses until advanced medical personnel arrive on the scene
- Receive information on first aid for choking, airway, breathing and cardiovascular emergencies, head, spine, musculoskeletal and soft tissue injuries, sudden medical conditions and poisons
- Demonstrate skills such as C.P.R. breathing and choking emergencies, and bandaging

Method of Instruction:

- Brief lectures, interactive presentations, exercise, practical demonstrations, individual practice and skills development using life support mannequins.
- Written test and practical skills evaluation component
- This is a WSIB approved program which participants must pass both a theory and practical course component

Who Should Attend:

Designated First Aid Responders, Managers, Supervisors, Lead Hands, Employees, Joint Health and Safety Committee Members and Social Committee Members

Course Length:

- Full Certification – 16 Hours (2 Days)
- Re-Certification – 8 Hours (1 Day)
- Certificates and cards provided

“Your First Move towards a Better Health and Safety Program”

Client Service Centre: 355 Elmira Road North Unit 110, Guelph, Ontario N1K 1S5

◆ 519.763.7369 Guelph ◆ 519.763-7301 Fax

www.gambitsafety.com